OTOPLASTY
DISCHARGE INSTRUCTIONS

FOLLOW UP CARE
- Do NOT remove head dressing until your first follow up appointment
- Use a headband/sweatband for one month after your follow up appointment
- If a follow up appointment was not made the day of surgery, please call the office to make one

OPERATIVE SITE
- If you have an incision behind the ear, clean once a day with baby shampoo and apply Aquaphor ointment

ACTIVITY
- Do not drive for 24 hours
- Do NOT shower for 24 hours
- Use Dove, Ivory, or Baby shampoo for the first week
- If you use a blow dryer, do NOT use heat

DIET
- Resume previous diet as tolerated

MEDICATIONS
- Prescription(s) will be sent with you. Use as directed.
- See PAIN CONTROL sheet for additional instructions.

PROBLEMS TO WATCH FOR
- Fever over 101.4
- Increased swelling, redness, or drainage at incision site

Call Dr. Harvey with ANY problems that concern you: Phone # (843)722-1985. If you need immediate attention, go to the nearest Emergency Department.

I have read, been read, and verbally repeated back instructions and understand them. A copy has been given to me.

__________________________________________  _______________________________________
Patient/Responsible Party                     Nurse Signature